



# Set Free to Soar! Prayers, Poems Praises (Paperback)

By Michelle Mae Sutherland

Guardian Books, United States, 2012. Paperback. Book Condition: New. New.. 229 x 150 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Set Free to Soar is a book of prayers, poems and praises that is inundated with the creative and reflective anecdotes of Ms. Sutherland s lived experiences. The book is both timely and inspiring. It explores different topics from parenting, friendship, divorce, commitment to one s faith to the topic of peace in the time of storm. Although the book is written from a Christian standpoint, the material will be beneficial to anyone who might be wrestling with the meaning of life or challenging life situations. Prayer is the key to unlocking the hidden secrets of life. Many faiths, Christianity included, encourage their followers to make prayer an integral part of their lived realities. Prayer becomes the official way of inviting the supernatural to intervene in the affairs of the natural. For those of us whose lived experiences have been grounded in spiritual ontology, prayer has never ceased to be useful in our individual and collective well-being. Sutherland s work reminds us of the relevance of balancing the material with the spiritual as humanity searches for...



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