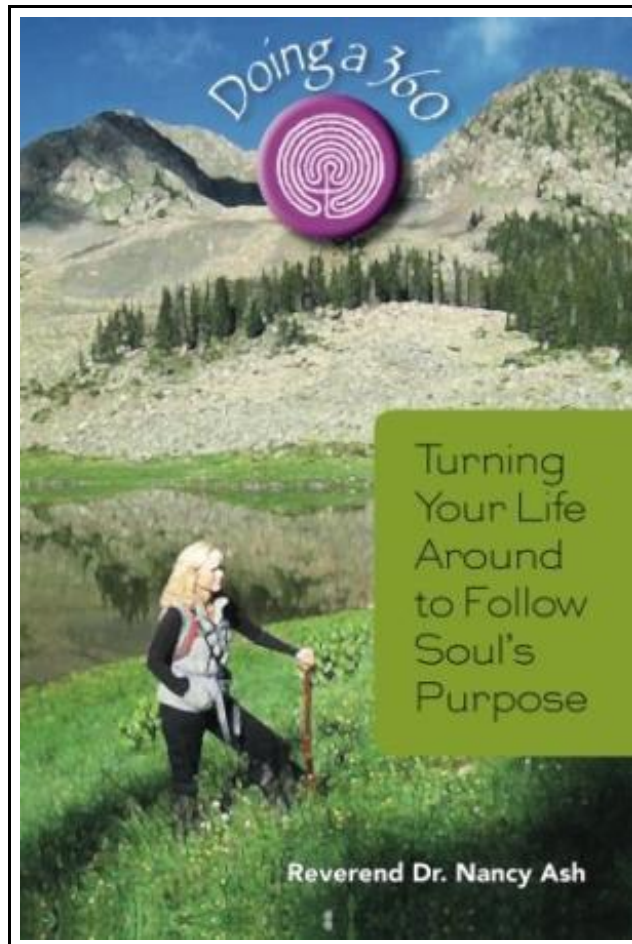


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Reviews

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(Prof. Maya Hand)


DOING A 360: TURNING YOUR LIFE AROUND TO FOLLOW SOUL'S PURPOSE (PAPERBACK)



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360 Publishing, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Consider this: You have entered a sacred spin zone, an inspirational guidebook offering a 360 perspective to the intense challenges of life. You have the power to turn your life around - completely. All desire to be happy, content and fulfilled. Each one of us seeks to know our true purpose. why we are here on Earth. Doing a 360 (three-sixty) is a simple metaphor, an all-encompassing spiritual process to a re-calibrated life following Soul's purpose. In this book you'll be lovingly nudged to divine inheritance of heroic luminosity. As a young aspirant, author Reverend Dr. Nancy Ash met brilliant mythologist Joseph Campbell, setting her on this ceremonial path to self-realization. Based on his classic myth, the circular theme of a hero's journey, **Doing a 360: Turning Your Life Around to Follow Soul's Purpose** guides you to radical change going full-circle with step-by-step spherical strategies, meditations, visualizations, and exercises culminating in your 360 Daily Practice. Every journey begins with one courageous step. Uniquely designed as a sacred companion, this text offers a fresh and passionate 360-View to tremendous trials and tribulations. moving us from heartache to heroic bliss. Sprinkled with metaphors, myth, and true stories shared through gentle humor, this heartfelt book has compassionate undertones amidst reality-check guidance. You create life - all of it - from Soul's intention to fulfill ITS purpose while awakening in human form. For 35 years the author has been an inspiring, heart-centered mystic teaching the sacred ancient ways with an integral, 360 message of Oneness. She invites you on this life-changing journey.

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